

# IODE ONTARIO

## 90<sup>th</sup> Provincial Annual Meeting & Convention

One Thought Can Change The World

### WORKSHOPS

**Choose one for each day.**

No cost with registration fee.

## FRIDAY

### Small Steps to Big Change – Power of Habits

Sean Moon, son of Jan Hutton, will speak to us on how to make and accept changes and the Power of Habits that we all have.

OR

### Habitat for Humanity

Neil Heatherington from the Toronto Habitat for Humanity group will speak on the aims of the organization, the parts played by the new home owners, how the process works and how we can assist, individually or as a chapter.

OR

### Scrapbooking

Linda Gryner and Marion Wallace will demonstrate how to do scrapbooking. Use it for your IODE Scrapbook or your personal family projects.

## SATURDAY

### Education

Education Officer Helen Danby will address us with various aspects of the IODE Education Department, particularly, on networking with the schools on various projects using their Family Study Rooms, etc.

OR

### Grants

National Second Vice-President Karen Barker will guide us through the process of being successful on obtaining grants. There are many organizations willing to grant funds to your chapter for worthy projects.

OR

### Milk Bag Magic

Frances Milburn will conduct a hands-on workshop demonstrating how to prepare the sleeping mats made from Milk Bags to be sent to Haiti, needed even more now than ever.