

Spiral Knit Cap

Materials:

- Use No. 8 knitting needles (5½ metric)
- Any worsted weight yarn (2 coordinating colours).
 2 oz. of each colour will make a cap.

Directions:

Cast on 30 stitches. Knit 6 rows, increasing one stitch at the beginning of every *odd* row and decreasing one stitch at the beginning of every *even* row. (Inc. rows 1, 3, 5 and Dec. rows 2, 4, 6).

Row 7: Change yarn and knit rows 1, 3, 5; purl rows 2, 4, 6 doing increases on knit rows and decreases on purl rows. Continue pattern until 7 stripes of each colour are done.

Cast off.

On one long edge, pick up and knit 3 stitches in each stripe (42 stitches).

Row 1: Knit 1, Knit 2 tog. across row.

- **Row 2:** Knit 2 tog. across row. Cut yarn and thread thru needle. Pull yarn thru remaining stitches and fasten off.
- Cuff: On other long edge, pick up and knit 6 stitches in each stripe (84 stitches). Knit 1, Purl 1 for 2-3 inches. Bind off.

Sew side seam and make pompom for top and attach to hat.

** The size of this cap changes according to needle size and yarn.

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IODE Ontario Services Value: \$10.00 Please add your knitting time to Volunteer Hours. Email: iodeontarioservices@gmail.com



